

# CADET PROMOTIONS

## PHASE 1 - ACHEIVEMENT 1

John Curry

### CADET AIRMAN

C/Amn

CADET CHECKLIST					
NAME				Current Grade	C/AB
CAP ID					
		DATE	PASS (SCORE)	VERIFYING SIGNATURE	
<b>TESTING</b>	<b>PT</b>				
	<b>LEADERSHIP CHPT 1</b>				
	<b>DRILL TEST 1</b>				
INTRO TO CORE VALUES					
INTRO TO CAP SAFETY					
OPSEC					
EQUAL OPPORTUNITY					
ORDER BLUES UNIFORM					
<b>ACTIVITIES/ ADDITIONAL CDI</b>			<b>DATE</b>	<b>SIGNATURE ADMIN/PROJECT OFFICER/DCC</b>	
<b>NUMBER OF MEETINGS ATTENDED</b>					
<b>REVIEW BOARD</b>	<b>DATE</b>	<b>SCORE</b>	<b>SIGNATURE OF REVIEW BOARD MEMBER</b>		
		<b>PRINT NAME OF STAFF MEMBER</b>	<b>SIGNATURE OF STAFF MEMBER</b>		
<b>FLIGHT SERGEANT</b>					
<b>FLIGHT COMMANDER</b>					
<b>CADET COMMANDER</b>					

## PHASE 1: ACHEIVEMENT 1 – John Curry

*Congratulations* on working toward the first in what we hope will be many successful promotions as a Civil Air Patrol cadet! This form is designed to help you to collect all the information and signatures that you need to prepare for your first review board and promotion to Airman.

### HOW TO COMPLETE THIS FORM

1. PRINT your name in the box provided
2. Write in your CAP ID number – this is the six digit number on your ID card
3. **Testing** – you will have to pass three tests for this promotion. You must record your score and have that score verified by a signature from the supervising cadet officer, testing officer, or personnel officer.
  - a. **PT** – Physical Training (PT) occurs once a month during our meetings. PT involves sit-ups, curl-ups, push-ups, the shuttle run and a mile run. Refer to the Cadet SuperChart for your goals based on your age and gender.
  - b. **Leadership Chpt 1** – Read and study Chpt 1 *Air Force Traditions* in your *Learn to Lead* book. This material is available at ([http://capmembers.com/cadet\\_programs/library/learn\\_to\\_lead.cfm](http://capmembers.com/cadet_programs/library/learn_to_lead.cfm)). Once you are familiar with the material in this chapter, you should complete the online test. Check the squadron website for information on how to take tests online. Online tests are open book; however, you must complete the test in 30mins with a score of 80%.

**Contact the Testing Officer if you have any questions, concerns or problems with testing.**
  - c. **Drill Test 1** – Use the Cadet Testing Sign-up sheet to request Drill Test 1. The cadet staff will conduct the test during meeting time. You will be tested on basic drill movements required of an element member. You must perform 11/15 of the movements correctly to pass. Drill test requirements are on the How Do I Promote web page.
4. **Introduction to Core Values and CAP Safety** – These tests are available through e-services. Look for the link – *Online Safety Education* on the left-hand side of the page under **CAP Utilities**. A passing score is 80%. Once you have completed the test print, out your certificate and bring it to the Testing Officer, Dept. Commander for Cadet (DCC), or the Personnel Officer to verify completion.
5. **OPSEC & Equal Opportunity** – These are very simple training activities that involve you reviewing some material online and then answering a few easy questions. Cadets are required to be briefed on Equal Opportunity. The DCC or Personnel Officer can verify completion.
6. **Character Development Instruction** – You must attend at least one Character Development class within a three-month period. Character Development is taught on the first meeting of every month. Please request that the CDI officer sign your promotion sheet to verify your attendance.
7. **Activities/ Additional CDI** – Participation in activities is an important part of CAP. Activities will be announced at squadron meetings and advertised on the squadron website. You must fill out a CAP Form 150 to participate in any CAP activity (see <http://sq45.cawg.cap.gov/forms.html>). Write in the name of the activity and, when possible, request that the officer in charge of the activity sign-off on your participation. The Personnel Officer can also verify participation. Use this space to record additional CDI classes.
8. **Number of Meetings Attended** – **After you have completed items #1-7 on this lists**, meet with the Personnel Officer to have the this section completed and verified. **Regular attendance to meetings is an important part of your involvement in CAP.**
9. **Review Board** – A review board is the final step you must complete for any promotion. It is an oral exam that is administered by the cadet staff. Review boards must be requested in advance and only after you have completed parts 1-8 on this form.
10. **Cadet Staff Signatures** – Once you have passed your review board you will need each of the individuals listed on the form to sign-off on your promotion.

### HOLD ONTO THE COMPLETED FORM – THIS IS YOUR TICKET FOR A PROMOTION

*You will be asked to recite the Cadet Oath at your promotion*

*Links to referenced charts, study material and tests indicated in these instructions can be found on the Squadron 45 website - Airman Basics / How Do I Promote page. If you have any ideas to improve these pages or know of links that can be of benefit, please contact the webmaster.*

# ACHIEVEMENT 1 Drill & Ceremonies Practical Test

**Topic:** Basic Drill as an Element Member

**Conditions:** Form cadets as a single element. Test no more than 5 cadets at a time.

**Instructions:** See page 1

**Passing Score:** 73%. Must perform at least 11 out of 15 commands satisfactorily

#	Command	Acceptable Standards	SATISFACTORY	UNSATISFACTORY
1.	FALL IN	<ol style="list-style-type: none"> <li>1. Automatically executes Dress Right, DRESS.</li> <li>2. Adjusts position to achieve proper dress and cover.</li> <li>3. Automatically executes Ready, FRONT.</li> <li>4. Stands at position of attention.</li> </ol>		
2.	Parade, REST	<ol style="list-style-type: none"> <li>1. Moves left foot such that heels are about 12-inches apart.</li> <li>2. Extends arms behind body &amp; places right hand in palm of the left.</li> <li>3. Keeps head and eyes straight ahead; is immobile and silent.</li> </ol>		
3.	Flight, ATTENTION	<ol style="list-style-type: none"> <li>1. Stands and shows good posture.</li> <li>2. Remains immobile and silent.</li> </ol>		
4.	Present, ARMS	<ol style="list-style-type: none"> <li>1. Smartly raises right hand to head or headdress.</li> <li>2. Right hand is flat, with fingers fully extended.</li> </ol>		
5.	Order, ARMS	<ol style="list-style-type: none"> <li>1. Smoothly and smartly retraces path of arm.</li> <li>2. Ends at the position of attention.</li> </ol>		
6.	About, FACE	<ol style="list-style-type: none"> <li>1. Pivots 180-degrees clockwise on ball and heel.</li> <li>2. Maintains upper body in position of attention.</li> </ol>		
--	About, FACE	<i>Used to return to line formation; not graded, or use as second chance to perform #6 correctly</i>	na	na
7.	Dress Right, DRESS	<ol style="list-style-type: none"> <li>1. All except the last airman in each element raises and extends the left arm laterally from the shoulder with snap so the arm is parallel with the ground, palm down.</li> <li>2. At the same time as the left arm is raised, each individual (except the guide and second, third, and fourth element leaders) executes Eyes RIGHT.</li> <li>3. Establishes exact shoulder-to-fingertip contact with the individual to the immediate right.</li> </ol>		

CONTINUED ON NEXT PAGE

			SATISFACTORY	UNSATISFACTORY
8.	Ready, FRONT	<ol style="list-style-type: none"> <li>Arms are lowered with snap to their sides and recup their hands when their arm is at approximately waist level.</li> <li>As the arm is lowered, airmen at Eyes RIGHT will return their heads to the front with snap.</li> </ol>		
9.	Right, FACE	<ol style="list-style-type: none"> <li>Pivots 90-degrees to the right on ball and heel.</li> <li>Maintains upper body in position of attention.</li> </ol>		
--	Left, FACE	<i>Used to return to line formation; not graded, or use as second chance to perform the simple facing of #9 correctly</i>	na	na
10.	AT EASE	<ol style="list-style-type: none"> <li>Relaxes in standing position.</li> <li>Keep right foot in place.</li> <li>Silent.</li> </ol>		
11.	Flight, ATTENTION	<ol style="list-style-type: none"> <li>Stands and shows good posture.</li> <li>Remains immobile and silent.</li> </ol>		
12.	Hand, SALUTE	<p><u>Count One</u></p> <ol style="list-style-type: none"> <li>Arms raised smartly.</li> <li>Fingers, palm, and forearm form straight line.</li> <li>Upper arm parallel to ground.</li> <li>Tip of middle finger touches the front right corner of headdress (If no headdress, outside corner of eyebrow or front right edge of glasses).</li> <li>Rest of body remains at attention.</li> </ol> <p><u>Count Two</u></p> <ol style="list-style-type: none"> <li>Arm comes smoothly and smartly down.</li> <li>Retrace path used to raise the arm.</li> <li>Hand is cupped as it passes the waist.</li> <li>End with entire body at attention.</li> </ol>		
13.	Eyes, RIGHT	<ol style="list-style-type: none"> <li>All persons, except those on the right flank, turn their heads and eyes smartly 45 degrees to the right.</li> </ol>		
14.	Ready, FRONT	<ol style="list-style-type: none"> <li>On FRONT, heads and eyes are turned smartly to the front.</li> </ol>		
15.	FALL OUT	<ol style="list-style-type: none"> <li>Simply breaks ranks but remains in vicinity.</li> </ol>		
<b>TOTALS</b>				

**Must score at least 11 "Satisfactory" ratings to pass.**