

California Wing Encampment 2008

Day 5

August 6th

Adapt



First on the agenda this morning was Squadron PT. You skipped the run, however you spent the entire PT period doing calisthenics. Once again, Lt. Eggli worked with cadets in need of some encouragement. The line staff continues to demand more from you as the week progresses.

Following breakfast you had a range of event including the rifle simulator, model rocketry and the CPFT. Depending on your flight, you did these in varying order, and if your flight did not use the simulator today, it will tomorrow.

The rifle simulator is a new event for the CAWG Encampment. It uses real weapons equipped with lasers to simulate shooting. The weapons used were M-16s and M-4s. Your team was required to work together in combat style simulations, employing the teamwork skills you have gained through the week.

Model rocketry is also a new introduction to this years Encampment. Major DiGiantomaso taught you about rockets in general and model rockets specifically. You built your own rockets and learned about safety and launch procedures. The actual launches will take place tomorrow.

You also ran the CPFT, or Cadet Physical Fitness Test. This test is required for all promotions and consists of push-ups, sit-ups, the sit and reach, and the mile run.

After the formation and dinner, the Squadron inspection took place. This inspection took longer and was more intense than the flight inspections.

You have now passed the halfway point of Encampment. Tomorrow morning begins early with PT, rest and prepare.

“The whining lamp is now out, get back to work”
Lt. Natwick



CTG Honor Flt: Golf Flight

109th Honor Flt: Alpha Flight

110th Honor Flt: TBA

111th Honor Flt: TBA

“Think outside the Bay”



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