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Stand in Review

50th Anniversary Awards Banquet



After months of planning and preparation, on January 22nd Squadron 45 held it's 50th Anniversary celebration in conjunction with the annual Awards banquet. Guests were invited from across the country; as former members were searched out and an honored guest speaker was obtained . Our unit Commander

Lt Col Jessica Black worked on acquiring items for the silent auction fundraiser as Cathy Neubauer , project officer for the event, worked on getting the commemorative coins designed and ordered. All the staff worked diligently to pull it all together, and by 6:00 pm it was show time!

Major Michael Boyko was master of Ceremonies for the evening, and he kept things moving with style and humor. A buffet dinner was served and while guests were enjoying their

meal, there were door prizes to give away, as well as the "Andrew Sisters" making a brief appearance to share a song and dance. *In the Mood* and *Boogie Woogie Bugle Boy* were their selections, and the girls really enjoyed "entertaining the troops".

We were privileged to have as our Key note speaker, Brig Gen Amy Couter, the Vice Commander of the Civil Air Patrol. Her message, complete with power point presentation, reminded us about the

program into action.

After Gen Couter's address, it was time to hand out the year's awards. Airman of



the Year recipient was C/AIC Jordan Keiter, and NCO of the Year was C/SMSgt Kelley O'Kane. Cadet of the year went to C/TSgt Mike Goude and Senior Member of the

Year was Capt David Goude, our DCC and Aerospace Ed officer. The 2nd annual awarding of the Kieran Doyle Award went to C/Capt Eric Redweik.

Another honored guest that evening was our Wing Commander, Virginia Nelson. We surprised her with a mini Birthday celebration in the form of a song written by



CAPabilities in the Civil Air Patrol program and in the cadets and senior member that put the pro-

Major Boyko (to the tune of *Close to You*)

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New Members and Promotions



Cadet Kellen Casem
 Cadet Donald Diaz-Selgado
 Cadet Corey Dodson
 Cadet Malena Frymire
 Cadet Juan Gutierrez
 Cadet Aaron Kridner
 Cadet Mitchell Robles



C/Amn Adam Couste
 C/Amn Phat Doung



C/A1C Courtney Franklin



C/SrA Jordan Keiter



C/TSgt Daniel Frymire



C/MSgt Mike Goude



C/CMSgt Kelley O'Kane



2Lt Kevin Shellman

Past in Review

Jan 22nd

50th Anniversary Banquet

Front page article.

Jan 26th-28th

BCS/ATS MARB

Please see the condensed article on page

Feb 16th-19th

CPC San Luis Obispo

Cadet Programs Conference is where Cadets and Seniors involved with cadets get together and learn from each other about what works or doesn't work in their squadrons. There were classes and seminars in many things from leadership, and model rocketry to Salsa dancing. It happens every year around February so plan for next year.

Feb 17th

War Dog Memorial

Several time a year we are asked to help out at the March Field Air Museum. At this event we helped with crowd control and assisting the staff in and around the airplanes, learning and then explaining about each one we helped with, like the SR-71, C-141 and others.

March 3rd

Sq 45 Fun Day

.The Lt Olsons' hosted a day of fun for the cadets. Team building activities, aerospace education, dodge ball and Frisbee, followed by lunch, drill competitions and drill downs kept the cadets busy and having a great time together.

All photos, information or articles for the next issue of Stand In Review should be in to the editor by June 10th.



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Don't Miss These Events!

NCOS at MARB

Noncommissioned Officer School

Date: 18 -20 MAY 07 **Location:** March ARB, Riverside County

Report time: 1800 Friday 18 MAY 07 **Dismissal time:** 1600 Sunday 20 MAY 07

Application Deadline: Postmarked by 20 APR 07 - NO EXCEPTIONS

Acceptance Packets: Should be received by 4 May 07

For more information contact: Capt Martin Zschoche at (760) 727-1848 or email at mrzschoche@yahoo.com

Aeromania - Open Cockpit at March Air Museum

June 2 and 3 Free lunch, BDU's get form 31s in now!

Group Picnic

June 16 (Sat) at Hemet Ryan Airport

No cost Free lunch O rides

SLS/CLC

Squadron Leadership School and Corporate Leadership Course

Date: 7-8 July 2007

Project Officer: LtCol Jessica Black, P.O. Box 6529 March ARB, CA 92518

Jessica.black@march.af.mil

See Wing web sight for staffing information for both seniors and cadets
Staff requests should be e-mailed by May 15th

Group 3 Awards Banquet

July 28th at the Hap Arnold Club Further information in the June newsletter

ENCAMPMENT

Camp San Luis Obispo Aug 11-18Info: www.CAWGcadets.org

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and a cake made by Lt Carrie Olson.

The Change of Command ceremony for Cadets came next with Capt Goude presiding. The ceremonial flag was handed off from C/C Aaron Varela to Conor Doyle. Major White, Commander of Group 3 officiated as Lt Col Jessica Black handed off the flag as Squadron 45's Commander to Major Robert Nagby. Both new commanders spoke of their plans and visions for our squadron in the up coming year.

To pull off an event such as this

takes a group of committed volunteers. It take people who can work together toward a common goal.

People who have the ability to laugh together and clean up together. Good thing these type of people seem to gravitate to CAP. We plan to do this again in 25 years, so be sure to keep up with us.

News of Note:

Congratulations

going out to C/TSgt Daniel Frymire who was accepted by the Naval Academy for the Summer Session. He will be attending the seminar from June 16 to June 21. This seminar is the start of the application for the Naval Academy

Review Boards

After all the tests are done....

When you have past all the tests required for your next promotion there is still one more accomplishment needed to earn your next stripe. That would be "**The Review Board**". This board is composed of senior cadets and possibly a senior member. There is a standard for reporting in, and a uniform inspection, the board then asks questions pertinent to your promotion.

How should you prepare for this event? The first thing you need to do is to remember the information on the tests in aerospace and leadership, as any part of those tests may be asked of you. Please bring your books that cover those tests. Second look for a current event in aerospace that you can present to the review board, this could come from the newspaper, a magazine or the internet, a printed copy is

best but not mandatory. Third prepare your uniform to look sharp and with all items in there correct places. And fourth go through the process in your mind several times to help with the stress level.

Here is the process: 1. Present your books to the review board and wait in the hall outside the room until told to report. 2. One loud knock, wait to be told to enter. 3. Briskly enter room, far enough to be able to do an about face and close the door. 4. March with correct face movements to about two paces from the center of the table. 5. Salute the Review Board Chairperson and say "Sir, Cadet (your current grade and name) reporting as ordered." Wait until salute is returned before dropping yours. 6. Answer question the best you can with the proper courtesies of sir, ma'am or sergeant. 7. When told "This con-

cludes this review board" take one step back, salute and march from the room by the shortest route.

Review boards are a very good way of focusing on the accomplishments you have completed for each promotion. As you progress through the program each one gets a little bit more complicated with more information being required to know. This enables you to grow in confidence and sharpens your military bearing. This is why we do them for all the advancements in grade.

By mastering this process you will have many of the tools necessary to be successful in job interviews, meetings with superiors, and many other stressful and pressure packed meetings though out your life. A little preparation now goes along way towards success for the future.

Capt. David Goude

Cadet Commander's Corner c/CMS Conor Doyle



I was born May 14, 1990 in Wexford County, Ireland. I lived in Ireland for two years then my family moved to Columbia, Illinois. It's just east of St. Louis over the Mississippi River. We lived there for twelve years then moved to Murrieta, California.

My family is my Mom and my brother. My Dad passed away a year and a half ago. My interests are playing guitar, running track, and flying. I go to school at Vista Murrieta High School. Go Broncos!

I joined Civil Air Patrol in March of 2003. It has been a great experience so far. I have made so many friends and gained flying and leadership

skills. What got me interested in CAP was flying and how close the Air Force and CAP are. My future goals are to go to the Air Force Academy and eventually fly the F-22 Raptor.

The goals I hope are achieved during my time as cadet commander are really attainable. The first goal is to get all cadets promoted at least three times in the remaining year. It is a push and will take some devotion. Usually during the summer without school work the promotions come faster. Also participation in air shows and other activities like encampment would be beneficial to all cadets. Encampment is not like it's described by some cadets telling their horror stories. It is a

excellent place to gain valuable followership and leadership experience in a educational environment surrounded by fellow cadets with the same mission. As well as promotions I would like to see more customs and courtesies towards all other CAP members and non members. Your flight staff will go over all procedures concerning this.

Coming out very shortly is a squadron SOP. A SOP is standard operating procedures. It will contain all rules and procedures for our squadron. I would like to strive for excellence as your cadet commander. I look forward to the remainder of the year with everyone.

Cadet Chain of Command



Squadron 45

Cadet Commander: Conor Doyle
 Director of training: Kelley O'Kane
 1st Sergeant: Daniel Frymire

Alpha Flight

Flight Commander: Jordan Keiter
 Flight Sergeant: Cortenay Franklin

Bravo Flight

Flight Commander: Michael Goude
 Flight Sergeant: Peter Boyko

Tango Flight

Flight Commander: Aaron Varela
 Flight Sergeant: Marissa Strauss

California Wing holds combined BCS/ATS training at March AFB

Condensed from Jan28th Article by 2Lt Kevin Lowther, event PAO.

They arrived from all over California on Friday night... 72 cadet participants, 23 cadet staff, and 24 senior members came from as far south as Chula Vista, and as far north as San Luis Obispo. "This is bigger than some Wing Encampments," stated Capt. Martin Zschoche, the Project Officer for the combined schools. In all, 24 squadrons from 5 groups in California Wing were represented. Major Jason Markiewicz, the commander of the joint BCS/ATS school stated what the two schools are all about: "Basic Cadet School is an essential first step to orient new cadets to CAP. The school provides a strong foundation for the cadets from the very beginning as they work through Phase I of their cadet careers. They receive quality, standardized training in techniques such as marching and how to properly wear a uniform. Introductions to the rich history of CAP, the Aerospace Education program, customs and courtesies, and Civil Air Patrol's core values are a key component of the school as well.

"Airman Training School is designed for cadets who have excelled in Phase I of their cadet education. This school helps airmen to better themselves as they move into Phase II, by taking competent airmen and providing a foundation to become competent NCOs. Some of the areas that are taught in this school are Professionalism, Leadership, and preparation for review boards."

It takes a lot of preparation by a great group of people to pull off a school of this size and caliber. As the Project Officer, Capt. Zschoche began to assemble those people that he could "trust." It started with picking the school commander, Maj. Markiewicz, and progressed to the cadet commander, C/Capt Ann Theisen. Those individuals were integral in making staffing decisions for the rest of the school. C/Capt.

Theisen stated: "Knowing most of the staff prior to this weekend helped. We had already built good relationships, so we knew what positions to put people in that would challenge them, yet allow them to be successful." Maj. Markiewicz added, "What makes this special is that every cadet is in the right position for their skill set."

One of those key people chosen to get this school set up was Lt. Col. Jessica Black, Deputy Commander for Group 3 and Deputy Commander for the joint school. Col. Black talked about what it takes to put together a school of this size: "A lot of long range planning. You have to have at least four to five very serious senior members who are ready to put in a lot of extra hours; to come together and do the initial brainstorming. We did that back at Wing Conference in October."

Members of the Squadron 45 project staff worked hard to plan every detail. 1st Lts Tomm and Carrie Olson created a new check-in system for the weekend. Putting the admin, including the check-in, to a database grew from seeing the overwhelming amount of paperwork that was generated by having such a large attendance. The check-in was networked across 3 laptop computers, keeping the line moving, and ultimately getting the cadets and senior members moved on to billeting and their duty assignments in a very quick and efficient manner.

When it comes to quick and efficient, you can't forget the food services staff. These members (Capt David Goude, SM Romance and SM)worked feverishly to prepare all of the meals for all of the hungry cadets and senior members, and did a phenomenal job. Sponsor member John Craft, from squadron 68 in Costa Mesa, donated most of the Saturday night dinner from his restaurant, the Pizza Bakery, in Newport

Beach. "Providing good food at an event like this is very important, because the best way to a cadet's heart and mind is through the stomach" said Capt. Goude, Mess Officer.

From the training to the teaching, the food to the friends it was a fantastic weekend. "These types of experiences are extremely valuable for all the participants, not just the students, but the cadet leaders, the cadet officers, the senior members, the planners; it's a really good experience for everybody," stated Col. Black, "It not only provides the initial training for the students, but it provides really, really good teaching opportunities for the cadet staff that they wouldn't normally get in their own units because of the numbers. "This is not only training for the students, this is training for leaders. It is also training project planners. Among the senior staff there are experienced and first timers, so they're learning as well."

So, after all of the planning, teaching, learning, and everything else involved in putting this combined school on, what did the cadets learn? C/SSgt Kira Swerdfeger, from Squadron 68 in Costa Mesa, put it this way: "One of the most important things I learned at ATS was how teamwork could be developed amongst strangers with a common goal. I found it amazing that the nine cadets in my flight, who did not know each other before coming to ATS, were able to work as a team, complete objectives, and drill together by the end of one intense weekend. This important experience inspired me to focus on building teamwork in my own squadron."