



VOLUME 3

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January-March

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Stand in Review

Official Quarterly Publication of March Field Composite Squadron

Awards Banquet held at The Grove

January 27 Squadron 45 held its 51st Annual Awards banquet at The Grove in Riverside this year. 1stLt Vickie Taylor was the project officer, and she put in a lot of time getting this event together. The buffet dinner was great, as was the cake for dessert.

Tough choices had to be made to select the best of the best in our squadron. Some choices were easy as some members stood out above the rest, and others were difficult because so many of you in our squadron did such a fine job.

Cadet of the Year went to Daniel Frymire, and the 1Lt Kieran Doyle Award went to Kelley O'Kane. Cadet officer of the Year was Connor Doyle, who put in a great year as cadet

commander, and NCO of the Year was Jordan Keiter with Airman of the Year going to Mitchell Robles.

Moral Leadership officers, Maj Cathy Neubauer and Maj Karen Nahrstadt premiered the LtCol Jack Nahrstadt Award, presenting it to Nathan Goude, for over-

External Aero Ed. and Kellen Casem for Internal. The Leadership Award was given to Courtenay Franklin and Safety was awarded to Malena Frymire. The Aristotle Award belonged to Jonathan Barcia.

Every year the cadets choose the most outstanding cadet, and that honor went to Peter Boyko.

As staff and senior officers, we also choose an outstanding member, and this year 2Lt Robert Harris was the recipient.

2008 is already shaping up to be a great year. Our squadron is pulling together and working hard, promoting, volunteering and serving. We have lots going on and we're having a lot of fun getting the job done. Can't wait to see how the year end up!



all Core Values Excellence. Individual MLO Awards went to Patrick McConnell- Integrity, Ken Shellman- Volunteer Service, Peter Boyko- Excellence, and Aaron Kridner- Respect.

Aerospace Education Awards went to Sebastian Domingo for

Gearing up for Air Fest 2008

May 2-6 March Air Reserve Base is gearing up for Air Fest 2008 and Sq 45 is hosting the Civil Air Patrol's projected 200+ cadet and Senior Officers participation in this exciting bi-annual event.

Capt Dave Goude is Commander and C/ Maj Clark of Sq 137 is the cadet commander.

CAP will be providing support by assisting with security and parking. The recruiting booth will

include a WW II Stinson, a Cessna 182 Glass cockpit, and a ground team set up complete with a Ford Expedition from Sq 11.

All Group 3's units will be highlighted, as well as information available on the almost 20 units participating from outside of Group 3.

The cost of the event is being covered by the sale of program packs and by cadets and senior

officers manning both a food and a concession booth during the event.

A lot of hard work interspersed with loads of aviation excitement and good food—you won't want to miss it!

The deadline to be included in the event is April 28th. Form 31's must be in via e-mail to CapMarchAirFest@yahoo.com by that date. Any questions? Call Capt Goude at 909-319-2976.

New Members



Cadets:

Nicholas Moreno
Austin Awender
Aleksandra Godanis

Promotions



C/A1C Mitchell Robles
C/A1C Malena Frymire
C/A1C Sebastian Domingo



C/SSgt Courtenay Franklin



C/CMSgt Daniel Frymire



Maj Karen Nahrstadt

Specialty Track

2Lt Robert Harris
Professional Development
2Lt Joe Villareal
Administration

Achievement

2Lt Robert Harris
General Emergency Services

Color Guard Competition

Jan 18-20

Our color guard team, led by C/TSgt Peter Boyko, participated at Vandenberg AFB as Group 3's representative. Placing 4th, they gained the experience of a full-fledged competition, and enjoyed the teambuilding atmosphere.

Maj Mike Boyko escorted the team and Capt David Goude attended as Group 3's Cadet Programs officer.



Robles, Goude, Keiter, Boyko, Franklin and Domingo

C/CMSgt Frymire Accepts Command

On Monday, **February 25**, C/Lt Connor Doyle relinquished the squadron flag to C/CMSgt Daniel Frymire. Daniel became a member of Sq 45 in February of 2005, and has been an active and enthusiastic member. For the past year he has been the 1st Sergeant, developing both his leadership style and voice.

Congratulations

Chief Frymire!



Frymire accepts flag and command

Senior Officers in Action

January

1Lt Vickie Taylor

Project officer for squadron's annual banquet

February

2Lt Alex Goude

Taught Aerospace Ed class at CPC SLO

Capt David Goude

Taught Aerospace Ed class at CPC SLO

March

2Lt Eithne Doyle

Project officer for Tour of USS Midway

1Lt Alex Goude

TAC officer at Riverside Air Show

Capt Elizabeth Goude

Asst TAC officer at Riverside Air Show

Capt David Goude

CAP Information and Recruiting booth

At Riverside Air Show

Aerospace Education the Navy Way

Capt Elizabeth Goude



Cadets getting into formation

March 15, 2008 CAP Sq 45 MARB had the privilege of touring the USS Midway in San Diego on Sat, 15 March. We were joined by 2 cadets from Sq 29 and 4 cadets and 4 senior officers from Sq 6750 - a group 32 strong. We wore our BDUs and were admitted with military discounted tickets and spent the day checking out the ship. The volunteers who explained the displays and answered our questions were not only interesting to listen to, their enthusiasm and first person stories gave an amazing picture of life on an aircraft carrier.



Sq 45 along with CMSgt Frank DeJauregui, USAF

The Challenge of Change

2Lt Robert Harris

On **January 10, 2008** at the senior member staff meeting, held in building 441, our new commander, Capt Dave Goude and the rest of the staff met to discuss the future of Squadron 45. On the table was the question of, "Would we become a cadet squadron or remain a composite squadron?". After a short discussion the senior members voted. The vote was unanimous, in favor of remaining a composite squadron.

The second topic of discussion was "To remain a composite squadron, we must have a strong senior program, so where do we go from here?" The decision made was to explore the idea of being involved with Emergency Services, in the area of ground teams during a time of disaster. Last year,

right on March Base, a Disaster Relief team from the Army was set up just two doors down from us. Many of our seniors and cadets took tours after the critical incident was over.

CAP Emergency Services includes the following: Search and Rescue (both air and ground), Disaster Relief, Reconnaissance, Counter Drug, and Transportation.

According to the CAWG General Emergency Services Course, "CAP has a variety of ES missions. CAP is primarily known for its Air and Search Rescue (SAR) missions, but is involved in several other areas. During disasters CAP members are often called upon to provide communications or mission management support, establish shelters, in heavily damaged areas, transport

specialty teams or government officials to disaster site, or take overhead photos of the damaged and other calamities."

CAP participates in the War On Drugs in the US as well through the Counter drug program. And CAP routinely works with many agencies throughout the United States, such as State and Local Emergency Management Agencies, FEMA, Red Cross, US Coast Guard and US Customs. But there are many others at the local level as well.

CAP personnel participating in ES operation primarily fall into three categories:

1. Ground & Urban DF team,
 2. Aircrews, and
 3. Mission Base Staff.
- Not every position is required

for every emergency but these are the most common. Squadron 45 does not have access to airplanes; therefore the possibility of participation in the Mission Base Staff or Ground & Urban DF teams is open to us.

As of this date we are exploring our options and checking into the Disaster Relief program. Many of you, both senior members and cadets, would like to get involved with this program so we are researching to become more acquainted with the steps to get an ES/Disaster Relief program started at our squadron.

There will be more information as time goes by but if you are interested contact 2Lt Bob Harris for more information.



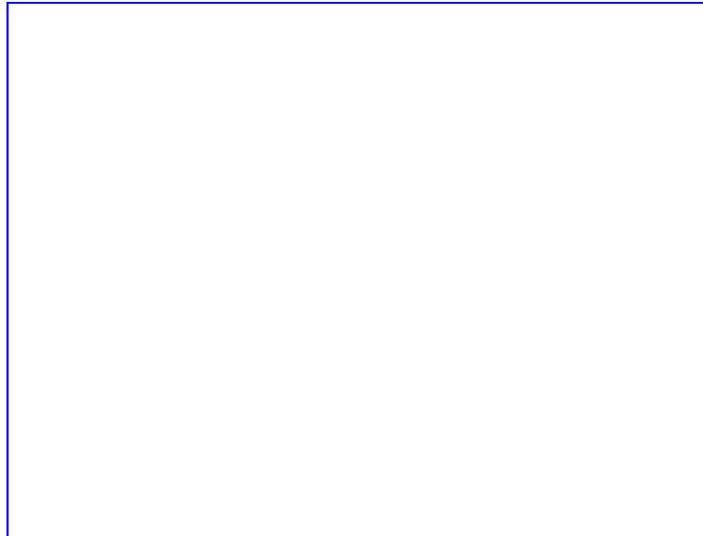
March Air Field Composite Squadron 45



PO Box 6351
March ARB, CA 92518-0351

Meetings held at:
Building 441 6:15 pm Mondays
Commander: Capt Dave Goude
Phone: 909-319-2976
E-mail: davegoude@yahoo.com

Editor: Capt Elizabeth Goude
E-mail: lizgoude@yahoo.com



Cadet Programs Conference at SLO C/AIC Nathan Goude



Cadet Programs Conference is one of the most enjoyable CAWG Wing activities. First off, it's held at Camp San Luis Obispo, on Presidents day weekend. When you get there Friday night, they try to have a special activity to do. This year we did a "moulage" scenario, acting as villagers who had been mistreated by terrorists. The army medics trained by taking care of our wounds and helping us survive the incident.

Secondly, it's not like BCS, ATS, or Encampment, because it's a more relaxed environment. You get up on Saturday morning and go to breakfast and then to the general assembly held at the

chapel. This year we had a morning talk show type of program, along with a laser show with smoke and music. It was fun and interesting; however, it's the seminars that make CPC what it is - Awesome!

There is a lot of variety in the seminars, and even if you don't get the one you want, they all have something to teach you. Seminars go from 10:00am to 4:00pm, with a lunch break in the middle. I participated in the M-16 Simulator, which basically was a modified M-16 hooked up to an air compressor so you had the feel of firing the real weapon. We were firing at targets and little green men that were computer

generated. I also took the "How to get into the Air Force Academy" seminar and the one on "Survival Gear".

Sat night there is a party, but it's the banquet on Sunday night that morphs into a dance that you don't want to miss. You can take a dance seminar like I did, but if you're a guy, there is no guarantee that you will be able to practice your new talents, because the boy to girl ratio is something like 3:1.

All in all, CPC is a great place to hang out with old friends and make new ones. It's a lot of fun, and yes, Capt Naugle, fire is cool!